



SEPTEMBER 6-8, 2024

WILLIAMSBURG LODGE • WILLIAMSBURG, VA



2024

ACG'S FUNCTIONAL GI & MOTILITY DISORDERS SCHOOL & ACG/VGS/ODSGNA REGIONAL POSTGRADUATE COURSE

ACG'S FUNCTIONAL GI & MOTILITY DISORDERS SCHOOL

EARN UP TO **8.75 CME CREDITS** | EARN UP TO **8.75 MOC POINTS**

ACG/VGS/ODSGNA REGIONAL POSTGRADUATE COURSE

EARN UP TO **11 CME CREDITS** | EARN UP TO **11 MOC POINTS**

2024

ACG'S FUNCTIONAL GI & MOTILITY DISORDERS SCHOOL & ACG/VGS/ODSGNA REGIONAL POSTGRADUATE COURSE

Mark your calendar and join your colleagues for ACG's Functional GI & Motility Disorders School and the ACG/VGS/ODSGNA Regional Postgraduate Course, September 6-8, 2024, in Williamsburg, VA.

By attending these programs, you will gain a deeper understanding of the common and not-so-common disorders encountered in practice.

Step back in time and explore U.S. history in the charming area of Colonial Williamsburg, which is just steps from the Williamsburg Lodge, a Marriott Autograph Collection hotel. Colonial Williamsburg features several hundred restored and reconstructed buildings set on a 300-acre historic site. As a guest of the Lodge, you will enjoy discounts on admission passes to Colonial Williamsburg's historic area, free area shuttle service, preferred reservations for dining at Colonial Williamsburg taverns and restaurants, preferred reservations for the Golden Horseshoe Golf Club and the spa, access to three pools and the fitness center, and more than 40 shops within walking distance.

➔ Plan your visit to Colonial Williamsburg at [history.org](https://www.history.org).



Register by August 5 and Save:
MEETINGS.GI.ORG

SEPTEMBER 6-8, 2024

WILLIAMSBURG LODGE • WILLIAMSBURG, VA

PROGRAM DESCRIPTION

ACG's Functional GI & Motility Disorders School

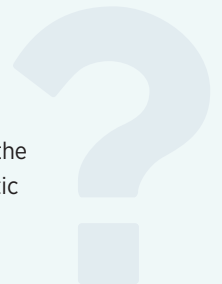
ACG's Functional GI and Motility Disorders School, on Friday, September 6, is a day-long program that will review current goals of therapy and management strategies for IBS, utilizing the ACG Clinical Guideline for the Management of Irritable Bowel Syndrome as a primary resource. As part of a comprehensive approach to determining and assessing ways to improve communication, diagnosis, and management of patients with IBS, CIC, and other functional GI diseases, the Functional GI and Motility Disorders School program will have a direct impact on clinicians for the delivery of care.

ACG/VGS/ODSGNA Regional Postgraduate Course

The ACG/VGS/ODSGNA Regional Postgraduate Course will be offered all day Saturday and a half-day Sunday, with an agenda that features presentations on upper GI disorders, GI autoimmunity, IBD, liver, pancreatobiliary disease, and endoscopy. ACG President, Jonathan A. Leighton, MD, FACG, will deliver the keynote lecture on Wellness for GI Clinicians where he will discuss ways to increase quality of life for practitioners. The program will also feature a special ODSGNA-sponsored session on Saturday afternoon, as well as fellows' case presentations illustrating difficult GI management issues.

WHO SHOULD ATTEND

These programs are designed for gastroenterologists, gastroenterology trainees, primary care physicians, nurses, physician assistants, nurse practitioners, and other members of the health care team interested in the latest information on diagnostic GI and state-of-the-art treatment of GI illnesses.



COURSE DIRECTORS:



DARREN M. BRENNER, MD, FACP



RENA H. YADLAPATI, MD, MSHS, FACP

FRIDAY, SEPTEMBER 6, 2024

- 7:00 am Registration and Continental Breakfast
- 7:50 am **Welcome and Introductions**
Darren M. Brenner, MD, FACP, and Rena H. Yadlapati, MD, MSHS, FACP

SESSION 1: Managing Esophageal Function and Motility

- 8:00 am **Esophageal Dysmotility: When and When NOT to Worry**
Christopher D. Velez, MD
Recognize esophageal motor disorders of clinical significance and discuss therapeutic strategies (e.g., monitoring, medications, lifestyle, invasive therapy).
- 8:20 am **GERD: Putting Out the Fire—Heartburn and Chest Pain**
Rena H. Yadlapati, MD, MSHS, FACP
Discuss management options for GERD symptoms including before and after objective testing.
- 8:40 am **What to Do When Things Are Moving Up: Belching and Rumination**
Christopher D. Velez, MD
Define belching and rumination disorders, identify methods to clinically diagnose these disorders, and discuss treatment strategies.
- 9:00 am **“How I Do It” – A Practical GI Approach to Laryngeal Symptoms**
Rena H. Yadlapati, MD, MSHS, FACP
Explain a practical clinical approach for the GI evaluation and management of a patient presenting with chronic laryngeal symptoms referred for evaluation of laryngopharyngeal reflux.
- 9:10 am **Panel Discussion / Q & A**
- 9:30 am **Break**

SESSION 2: Colon Conundrums

- 9:45 am **Is Constipation a One Size Fits All Disorder?**
Jill K. Deusch, MD
Compare functional constipation and irritable bowel syndrome with constipation and discuss whether these are truly two separate entities and whether differences in treatment recommendations should exist.
- 10:05 am **All Intestinal Roads End at the Door: Complications of the Pelvic Floor**
Gregory S. Sayuk, MD, MPH
Define functional defecation disorders and fecal incontinence and discuss appropriate diagnostic and treatment strategies (e.g., PT/biofeedback, anal irrigation, sacral nerve stimulation, translumbosacral neuromodulation).
- 10:25 am **Is It Really IBS? Mimickers and How to Differentiate Between Them**
David J. Cangemi, MD, FACP
Recognize gastrointestinal disorders which present similarly to IBS (e.g., EPI, CSID, BAD) and address ways to differentiate between them.
- 10:45 am **“How I Do It” – Performing the Appropriate ARM: The London Consensus**
Darren M. Brenner, MD, FACP
Explain the protocol recommended by the International Anorectal Physiology Working Group for completing anorectal manometry.
- 10:55 am **Panel Discussion / Q & A**

11:15 am **Keynote Lecture: Food as Medicine**
William D. Chey, MD, FACG
Discuss the role of food in the development and alleviation of symptoms in individuals with DGBIs.

12:00 pm **Break / Lunch Provided**

12:30 pm **Lunch and Learn: Cases With the Faculty**
Christopher D. Velez, MD, Rena H. Yadlapati, MD, MSHS, FACG, Darren M. Brenner, MD, FACG, Jill K. Deutsch, MD, Baharak Moshiree, MD, MSc, FACG, Laurie A. Keefer, PhD, FACG

SESSION 3: FGIDs: From the Common to the Rare

1:20 pm **There's a Burning in My Belly: Current Methods to Relieve the Functional Dyspeptic Fire**
Darren M. Brenner, MD, FACG
Identify currently available therapies for treating functional dyspepsia (e.g., acid blockers, prokinetics, neuromodulators, food, and CAM).

1:40 pm **Didn't We Just Discuss This? Differentiating Gastroparesis From Functional Dyspepsia in the U.S.**
Baharak Moshiree, MD, MSc, FACG
Assess whether these are really two different disorders and discuss whether treatment should be based on definition or primary symptoms.

2:00 pm **The Bloat Is Real! Diagnostics and Therapeutics for Bloating and Distention**
David J. Cangemi, MD, FACG
Define the differences between bloating and distention, common precipitants, and appropriate diagnostic and treatment strategies.

2:20 pm **What to Do When I See You? A Primer on hEDS, POTS, and MCAS as Associated GI Symptoms**
Lucinda A. Harris, MS, MD, FACG
Summarize the prevalence of DGBIs in individuals with these disorders and the role of the gastroenterologist in treating these conditions.

2:40 pm **"How I Do It" – Confidently Diagnose IBS in 5 Minutes**
Jill K. Deutsch, MD
Emphasize the accuracy of subjective criteria for IBS and discuss how practitioners can be comfortable with the diagnosis without performing extensive diagnostic testing.

2:50 pm **Panel Discussion / Q & A**

3:10 pm **Break**

SESSION 4: Out of the Box Therapeutic Strategies for DGBI + More

3:30 pm **When All Else Fails or First-Line Interventions? Neuromodulators for DGBI**
Gregory S. Sayuk, MD, MPH
Discuss the role of neuromodulators (e.g., TCAs, SSRIs, SNRIs, etc.) in the treatment of DGBIs and whether they should be used initially or when other therapeutics have failed.

3:50 pm **Putting the "B" in DGBI: Support From the Central Nervous System**
Laurie A. Keefer, PhD, FACG
Recognize the utility of brain-gut behavioral therapies in the treatment of DGBIs and the role of digital therapeutics.

4:10 pm **Beyond Traditional Pharmaceuticals: The Role of CAM in DGBIs**
Lucinda A. Harris, MS, MD, FACG
Describe the biological plausibility of complementary and alternative therapies and how they can be used to treat DGBIs.

4:30 pm **The Role of GLP-1's in Gastrointestinal Motility: Should We Panic?**
Baharak Moshiree, MD, MSc, FACG
Explain the potential effects of GLP-1 agonists on GI motility and the most common symptoms to expect in patients utilizing them.

4:50 pm **Panel Discussion / Q & A**

5:10 pm **Closing Remarks**
Darren M. Brenner, MD, FACG, and Rena H. Yadlapati, MD, MSHS, FACG

5:15 pm **Course Adjourns**

COURSE DIRECTORS:



DANIEL S. STRAND, MD, FACG



PATTY T. WANG, MD

SATURDAY, SEPTEMBER 7, 2024

7:00 am Registration and Continental Breakfast / Visit Exhibit Hall

7:50 am Welcome and Introductions
Daniel S. Strand, MD, FACG, and Patty T. Wang, MD

SESSION 1: Upper GI

Moderator: *Daniel S. Strand, MD, FACG*

8:00 am Barrett's Esophagus and Dysplasia: Endoscopic Treatment and New Technologies

Sachin B. Wani, MD

Describe the ACG Guidelines for BE and discuss the positioning of new technologies for surveillance and endoscopic treatment.

8:20 am Gastric Intestinal Metaplasia: Should We Be Surveying This?
Paul Moayyedi, MB ChB, PhD, MPH, FACG

Discuss the risk of atrophic gastritis and gastric IM, current guideline recommendations, and controversies regarding surveillance.

8:40 am Refractory GERD: When and How We Should Intervene

Rena H. Yadlapati, MD, MSHS, FACG

Explain the evidence for and against endoscopic intervention for refractory GERD.

9:00 am Panel Discussion / Q & A

9:25 am Break / Visit Exhibits

SESSION 2: Liver

Moderator: *Patty T. Wang, MD*

9:45 am MASLD: Before and After Liver Transplantation

Neeral L. Shah, MD, FACG

Recognize the indications and timing for referring patients with MASLD for liver transplantation as well as management of recurrent MASLD following liver transplantation.

10:05 am Update on the Management of Acute Liver Failure

Anne M. Larson, MD

Explain the updated ACG Guideline on Acute Liver Failure and its implications for clinical practice.



10:25 am **The Emerging Role of the Endohepatologist**
Vanessa M. Shami, MD, FACG
Discuss the optimal positioning of EUS-directed liver biopsy, portal pressure measurement, and variceal interventions in patients with liver disease.

10:45 am **Keynote Lecture: Wellness for GI Clinicians**
Jonathan A. Leighton, MD, FACG, ACG President
Describe the key aspects of wellness and how they can contribute to increased quality of life for practitioners.

11:15 am **Panel Discussion / Q & A**

11:45 am **Lunch Provided / Visit Exhibits**

SESSION 3: GI Autoimmunity

Moderator: Daniel S. Strand, MD, FACG

12:15 pm **Alpha-Gal Allergy: Suddenly Steakless**
Sarah K. McGill, MD, MSc, FACG
Describe the prevalence, diagnosis, and management of alpha-gal allergy and critically appraise the current literature.

12:35 pm **It's Not EoE!**
Bryan G. Sauer, MD, MSc (Clin Res), FACG
Recognize the diagnosis of esophageal lichen planus and other esophageal disorders that have similarities to EoE.

12:55 pm **It's Not Celiac Disease!**
Richard B. Weinberg, MD
Discuss how to recognize and correctly diagnose conditions which clinically or histologically mimic celiac disease.

1:15 pm **Panel Discussion / Q & A**

1:40 pm **Break / Visit Exhibits**

TWO HOT TAKES: EXPERT DEBATES

Moderator: Patty T. Wang, MD

2:00 pm **Debate: Is G-POEM an Effective Treatment for Gastroparesis?**
Pro-Speaker: Mohammad Al-Haddad, MD, MSc, FACG
Con-Speaker: Alexander J. Podboy, MD
Distinguish evidence for and against the proposition that evidence supports G-POEM as effective therapy for patients with gastroparesis.

2:20 pm **Debate: Is Chromoendoscopy Necessary for IBD Dysplasia Surveillance?**
Pro-Speaker: Jonathan A. Leighton, MD, FACG
Con-Speaker: Anne G. Tuskey, MD, FACG
Distinguish evidence for and against the proposition that chromoendoscopy is a necessary component of endoscopy for dysplasia detection in IBD.



2:40 pm **Panel Discussion / Q & A**

3:00 pm **Fellows' Presentations/ Nursing Session**

4:30 pm **Course Adjourns for the Day**





» You may attend either the  **Fellows' Presentations** or the  **Nursing Sessions** on Saturday afternoon

Participants have the option to select between two afternoon sessions.

Option 1:

A special nursing session will be offered by the newly formed Mid-Atlantic SGNA. Join your colleagues and come hear an expert discussion of the latest hot topics in gastroenterology and hepatology.

➔ Please visit <https://gi.org/acg-vgs-odsgna-regional-postgraduate-course/> for complete nursing program agenda.

Option 2:

Fellows from the University of Virginia, Virginia Commonwealth University, and Virginia Tech Carilion School of Medicine will present interesting cases highlighting novel or noteworthy diagnosis or treatments.

**REGISTER BY
AUGUST 5 AND
SAVE!**



SUNDAY, SEPTEMBER 8, 2024

7:30 am Continental Breakfast /
Visit the Exhibit Hall

7:30 am VGS and ODSGNA Board Meetings

8:25 am Welcome and Announcements
*Daniel S. Strand, MD, FACG, and
Patty T. Wang, MD*

SESSION 4: Pancreaticobiliary Disease

Moderator: Daniel S. Strand, MD, FACG

8:30 am “How I Do It.” Management of Biliary
Strictures
Jennifer L. Maranki, MD, MSc
Discuss the evidence-based
management of biliary strictures with
the addition of practical guidance from
an expert biliary endoscopist.

8:50 am It's Complicated: Pain in Patients With
Chronic Pancreatitis
Christopher E. Forsmark, MD, FACG
Describe the complex etiology of pain
in patients with chronic pancreatitis and
identify challenges regarding medical
and interventional management.

9:10 am *Alvin M. Zfass, MD, MACG Lecture*
Preventing Post-ERCP Pancreatitis:
Lessons From the SVI Trial
Andrew Y. Wang, MD, FACG
Explain the current paradigm for
optimal prevention of PEP and the
significant contributions of the newly
published SVI trial.

9:30 am Panel Discussion / Q & A

9:45 am Break / Visit the Exhibit Hall

SESSION 5: Novel and Evolving Concepts in IBD

Moderator: Patty T. Wang, MD

10:05 am Nutritional Therapy in Inflammatory
Bowel Disease
Patrick D. Green, MD
Explain the evidence regarding different
diets and probiotics for patients with
IBD, their effect on IBD outcomes, and
diet recommendations for patients.

10:25 am IBD Monitoring: Novel Methods and
Intestinal Ultrasound
Bincy P. Abraham, MD, MS, FACG
Discuss drug and antibody monitoring,
biomarkers, imaging, and novel uses
of intestinal ultrasound to assess
therapeutic response for IBD.

10:45 am Panel Discussion / Q & A

SESSION 6: Endoscopy

Moderator: Daniel S. Strand, MD, FACG

11:00 am Prevention of Post Resection Bleeding:
Close It, Coat It, or Leave It Alone?
Andrew P. Copland, MD
Describe different tools and techniques
in bleeding prevention following
polypectomy.

11:20 am Malignant Polyps: Endoscopic
Resection or Surgery?
Amit Bhatt, MD, PhD
Identify steps in identifying candidates
for endoscopic resection and whether
adjuvant surgery is needed.

11:40 am Panel Discussion / Q & A

12:00 pm Course Wrap-Up and
Take-Away Points
*Daniel S. Strand, MD, FACG, and
Patty T. Wang, MD*

12:15 pm Course Adjourns

REGISTRATION INFORMATION

There are separate registration fees for ACG's Functional GI and Motility Disorders School and the ACG/VGS/ODSGNA Regional Postgraduate Course. The registration fee for each course includes admission to all sessions, continental breakfasts, lunch on Friday for Functional GI and Motility Disorders School attendees, lunch on Saturday for ACG/VGS/ODSGNA Regional Postgraduate Course attendees, and refreshment breaks. All registrants must pay the full registration fee; partial registration is unavailable. A full refund of registration fees will be given, less a \$25 administrative fee, if written notice of cancellation is received by ACG by **August 5, 2024**. No refunds will be given after this date. Attendees must register online at meetings.gi.org.

ACG'S FUNCTIONAL GI AND MOTILITY DISORDERS SCHOOL		
ACG MEMBER TYPE	EARLY BIRD (by 8/5)	FEE (after 8/5)
Physician	\$125	\$175
Resident / Trainee / Candidate	\$75	\$125
Associate / Advanced Practice Provider	\$125	\$175
NON-MEMBER TYPE		
Physician / PharmD / PhD / Guest	\$175	\$225
Resident / Trainee	\$100	\$150
NP / PA / Allied Health (RN, LPN)	\$175	\$225

ACG/VGS/ODSGNA REGIONAL POSTGRADUATE COURSE		
ACG MEMBER TYPE	EARLY BIRD (by 8/5)	FEE (after 8/5)
ACG/VGS Physician	\$299	\$359
ACG Resident / Trainee / Candidate / SGNA Endo Tech	\$149	\$209
ACG Associate / SGNA Allied Health	\$169	\$229
ACG Advanced Practice Provider/SGNA NP/PA	\$189	\$249
NON-MEMBER TYPE		
Physician / PharmD / PhD / Guest	\$399	\$459
Resident / Trainee	\$219	\$279
NP / PA / Allied Health (RN, LPN)	\$279	\$339

MOBILE APP INFORMATION

Included with your registration is complimentary access to the course presentations via the **ACG Mobile App**. The app can be used to view faculty presentations on tablets, mobile devices, and laptops. Attendees will be able to take notes and highlight key points on the presentation slides at the event, and can continue reviewing them after the course. PDFs of the presentations can be downloaded directly from the app or can be printed from the website version of the app. Pre-registrants will receive access to the app prior to the course to view, download, or print the presentation slides. **(NOTE: A printed syllabus will not be provided.)**



ACCREDITATION / CME / MOC:

ACG's Functional GI & Motility Disorders School

The American College of Gastroenterology is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Gastroenterology designates this live activity for a maximum of 8.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 8.75 Medical Knowledge MOC points in the ABIM's MOC program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

ACG/VGS/ODSGNA Regional Postgraduate Course

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College of Gastroenterology, the Virginia Gastroenterological Society, and the Old Dominion Society of Gastroenterology Nurses and Associates. The American College of Gastroenterology is accredited by the ACCME to provide continuing medical education for physicians.

The American College of Gastroenterology designates this live activity for a maximum of 11 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 11 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

NURSING CREDITS

This educational activity (2024 ACG/VGS/ODSGNA Regional Postgraduate Course) has been submitted for approval to the Montana Nurses Association, an accredited approver with distinction by the American Nurses Credentialing Center's Commission on Accreditation and American Board of Certification for Gastroenterology Nurses for GI specific contact hour recertification purposes.

ACCOMMODATIONS

The programs will be held at the Williamsburg Lodge located at 310 South England Street, Williamsburg, VA 23185.

Book online: book.passkey.com/e/50826740 or call 1-800-261-9530. The special meeting rate is \$229 per night (plus tax).

Reservations must be made by 5:00 pm ET on Monday, August 5, 2024 in order to receive the special meeting rate. Only a certain number of rooms are available at this rate and are available on a first-come, first-served basis. Once ACG's room block is sold out, the hotel may charge a higher rate for any additional rooms made available. Requests for reservations received after this date will be on a space-available basis only. All reservations require a deposit of one night's room and tax. Cancellations made inside 7 days and no-shows will forfeit the first night's room, resort fee, and tax.

MORE INFORMATION

For more information about these programs, contact ACG at education@gi.org. Americans with Disabilities Act (ADA): Attendees of these programs who need additional reasonable accommodations or who have special needs (including dietary needs) should contact the ACG office at registration@gi.org no later than **August 5, 2024**.





AMERICAN COLLEGE OF GASTROENTEROLOGY

11333 Woodglenn Drive, Suite 100
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2024

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